



# STATE OF IOWA BLACK BELT ASSOCIATION

DECEMBER 2009

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## SIBBA CABINET

**Master Linda Griffen**  
*President*

**Master Karen Collins**  
*Treasurer*

**Dr. Terry Fernando**  
*Secretary*

**Mr. Michael Wagenknecht**  
*At-Large Delegate*

**Mr. Laurence Woodruff**  
*Hapkido Delegate*

**Mr. Nathan Meier**  
*Judo Delegate*

**Master Mark Tschampl**  
*Taekwondo Delegate*

**Mr. Wesley Gee**  
*Membership Coordinator*

**Mr. Joey Abdallah**  
*Fundraising & Public Relations*

**Master Gori Devrajani**  
*Webmaster*

**Mr. Ed Jackson / Ms. Holly Bignall**  
*Scoreboard Coordinators*

## Join us at the SIBBA Annual Meeting

Sat. March 6, 2010  
Prior to Banquet - Time TBA  
Quality Inn-Starlight Village  
Conference Center, Ames, IA

**All Members Welcome!**

## LETTER FROM THE PRESIDENT

Greetings Sirs and Ma'ams –

Another year has flown by and despite the economic turmoil, I hope that you have had a good year. 2010 is sure to be a better one!

### Looking Back at 2009

2009 was a good year for SIBBA and martial arts as you'll see by our delegates' and committee chairs' reports in this newsletter.

We had several new cabinet members join us this year (the full listing is shown at left). They jumped right in, helping with the merchandise table, symposium and fundraising.

Our annual SIBBA Symposium was held at the Forker Building on the ISU campus in September. Attendance held steady from 2008, and participants had a great time. We switched it up with a few new classes including Nunchukas and Korean Culture which included samples of Korean cuisine.

In our 2008 end-of-year newsletter, we introduced the "Pak-family T-shirts" which featured a listing of the Pak Family clubs encircling a dobok-clad cardinal (symbolic of Grandmaster Pak). The listing was pulled from the

SIBBA Dojang Directory on our website at the time the shirt was printed in mid-2008. The shirts have been very popular. We still have a good selection available, so be sure to look for them at our merchandise table at local tournaments. Larger sizes from 2XL-4XL are available at [www.cafepress.com/SIBBA\\_ClubTees](http://www.cafepress.com/SIBBA_ClubTees). Last year we also introduced a new "TKD" design that you can purchase at our merchandise table as well!

A large undertaking for your president and treasurer this year was to complete Form 1023 paperwork for submission to the IRS so we could improve our non-profit classification. We have been registered with the State of Iowa since our inception and look forward to being officially recognized by the Federal Government. This will allow us a higher fundraising threshold, and the ability to apply for a non-profit mailing indicia, among other things.

*(Continued on page 2)*



*A sampling of the great SIBBA merchandise available.*

**UPCOMING EVENTS****3/5/2010****Black Belt Reunion**

Quality Inn, 13th Street - Ames, IA  
Time TBA

**3/6/2010****SIBBA Annual Meeting & Elections**

Quality Inn, 13th Street - Ames, IA  
Time TBA

**3/6/2010****35th Annual Martial Arts Banquet**

Quality Inn, 13th Street - Ames, IA  
Time TBA

**3/12 - 3/13/2010****2010 NCJA Championships**

Texas A & M University, College Station, TX

**4/16 - 4/17/2010****2010 NCTA Championships**

Metropolitan State College of Denver,  
Denver, CO

**5/22/2010****Iowa Governor's Cup Tournament**

Forker Bldg, ISU Campus

**6/5 - 6/6/2010****Voorhee's Leadership Seminar**

Boone, IA

**7/17/2010****Iowa Games - Judo**

ISU Campus

**7/18/2010****Iowa Games - Taekwondo**

ISU Campus

**7/23 - 7/25/2010****2010 US Open Hanmadang**

Chicago, IL

**10/23/2010****ISU Championship**

Forker Bldg, ISU Campus

*PLEASE NOTE: All event dates, times and locations are subject to change.*

**PRESIDENT'S LETTER (CONT.)****Is Your Dojang Listed in the SIBBA Directory?**

Did you know that the SIBBA website features a dojang directory? If your club is not listed and you'd like it to be, please send information to Master Gori Devrajani at [webmaster@sibba.org](mailto:webmaster@sibba.org). Details should include dojang name, master instructor name, location, contact information and class schedule.

**Have You Moved?**

If you have moved (or will move in 2010) please be sure to update your information with SIBBA so you continue to receive this newsletter. You can log on at [sibba.org](http://sibba.org) to update your address, phone or email. If you've misplaced your login credentials, we can provide them to you. Simply contact [president@sibba.org](mailto:president@sibba.org) or [membership@sibba.org](mailto:membership@sibba.org).

**2010 Elections - Please Vote at Our Annual Meeting**

SIBBA elections take place each year at Banquet-time. Our annual meeting takes place approximately 1 hour prior to Banquet happy hour (exact time TBA). The big catch is we must have at least 15 SIBBA members in attendance in order for our elections to take place. Last year we just barely squeaked by! If you are a current SIBBA member, I invite you to please come an hour early to Banquet to attend our annual meeting and vote for your new cabinet.

**2010 SIBBA Ballot**

President: Master Matt Hamann

At-Large Delegate:  
Mr. Michael Wagenknecht

Hapkido Delegate:  
Mr. Laurence Woodruff

Judo Delegate:  
Mr. Nathan Meier

Taekwondo Delegate:  
Master Mark Tschampf

**Time for Scholarship Applications and Referee Awards**

Each year at Banquet, SIBBA presents its scholarships and referee awards. Scholarship application forms can be found at [www.sibba.org](http://www.sibba.org) under the Scholarships button. Referee nomination forms can be found under the Downloads button. All are due February 1, 2010. Instructors – please encourage your students to apply.

The Scholarship applications require letters of recommendation, transcripts, current SIBBA membership, etc., so if you plan to apply, it's wise to start the process now.

Here is an overview of each:

Academic Scholarship - Three \$400 scholarships

Leadership Scholarship - One \$400 scholarship

Junior Olympic Scholarship - One \$250 scholarship, based on participation in taekwondo or judo Junior Olympics and involvement in one's home club.

Jared Ringstad Memorial Scholarship - One \$150 scholarship that honors Jared Ringstad, a red belt taekwondo student at Emery Martial Arts who passed away tragically at a young age. It recognizes leadership among high school seniors who have not yet achieved the rank of black belt.

Outstanding Service Referee Award - Recognizes an outstanding referee with 2 or more years of service.

New Referee Award - Recognizes a beginning level referee in his/her first year of service.

All scholarship applications and referee nominations should be sent to:

Dr. Terry Fernando, SIBBA Secretary  
3128 Kingman Rd.  
Ames, IA 50014  
([secretary@sibba.org](mailto:secretary@sibba.org))

## PRESIDENT'S LETTER (CONT.)

### Support Martial Arts through Your Membership in SIBBA

Through the vision of Grandmaster Pak, SIBBA began over 20 years ago. His vision for SIBBA was to be an educational and professional organization that would support our members in the martial arts through scholarships, grants, awards and other services such as providing and maintaining our electronic scoreboard systems. It is through your support that we have endured,

and we are very grateful for it. Many networks of affiliated clubs don't have an organization such as SIBBA, so our family of clubs is truly unique and fortunate in that respect.

While you don't need to be a black belt to be an SIBBA member, Grandmaster Pak strongly recommends that those testing for Black Recommend and above be current SIBBA members. Please consider a membership in SIBBA as a way to give back to the martial arts community.

In closing, I would like to thank Grandmaster Pak for his leadership and support through the years, our cabinet and committee members for their hard work and dedication this past year, and to you, our members, for your ongoing support. It has been my pleasure to serve you these past three years.

Respectfully,  
Linda Griffen  
president@sibba.org

## FROM THE AT-LARGE DELEGATE

As your SIBBA At-large Delegate, one of the things I would like to talk about in my article is improving referee participation at local tournaments.

One of the benefits to being in Iowa is the abundance of experienced referees available to help teach the beginners as well as teaching the old dogs like myself. I've heard it said before that when we were coming up through the colored belt ranks, there were lots of refs out there, so when we went to compete, there were plenty of rings full of referees. Tournament experi-

ence is a valuable tool for learning how to use the skills we have learned in class, and I am thankful for those people who volunteered their time to make those tournaments a rewarding experience. Then, when I became a black belt referee, it was nice to be able to get a rest break because we always had extra people there to ref.

The last few years have been different. A lot of tournaments have only had enough referees to fill four or five rings, so the tournaments last longer into the afternoon, and it puts a huge

physical drain on those who volunteer to staff the rings.

So, what I'm going to be looking for is ideas on how to improve referee participation. There are not that many tournaments locally. I know that all of us have busy schedules, but I think we can do better. So please forward me your ideas on how we can improve the referee situation.

Respectfully,  
Michael Wagenknecht  
atlarge@sibba.org

## FROM THE TAEKWONDO DELEGATE

Happy Holidays SIBBA Members! It's hard to believe another year is gone and 2010 is upon us. First I would like to welcome all the new black belts that tested this year. There are a lot of you, and I would like to congratulate you on your accomplishment of reaching black belt. Secondly, 2009 was again a busy year for taekwondo. The ISU Martial Arts Awards Banquet was one of the largest we have had in years, the ISU Collegiate TKD Team competed at Brown University placing 3rd out of more than 110 universities, and the SIBBA symposium was a great success with new martial arts being represented and over 50 people participating. Last but not least, Grandmaster Pak was recognized by

the Kukkiwon as one of the 150 most influential martial artists of all time!

2010 promises to be a great year for taekwondo as well. Here is a short list of upcoming events:

- March 5-6: ISU Martial Arts Awards Banquet/Black Belt Reunion (Location: Quality Inn on East 13th Street)
- April 17-18: Collegiate Taekwondo Nationals (Location: Denver, CO)
- May 22: Iowa Governor's Cup (Location: Forker Building)

Finally, I want to encourage all black belts to spread the word about the

numerous SIBBA Scholarships available to students and young leaders. There are five different scholarships available which will be handed out during the Annual Martial Arts Award Ceremony on March 6, 2010. The requirements for the scholarships can be found on our website [www.sibba.org](http://www.sibba.org). The deadline for scholarship submittal is February 1, 2010, so please encourage your students to apply now. Thanks again and have a great holiday season!

Respectfully,  
Master Mark Tschampl  
taekwondo@sibba.org

**FROM THE JUDO DELEGATE**

Since today's blizzard is preventing any fun judo training, we might as well bring some judo to life in our final quarterly newsletter! Speaking of snow, our first snowfall of the year in October was boldly met with a judo demonstration for the Memory Walk (Alzheimer's awareness fundraiser), where many new members bundled up to help (which also helped everyone's falling.)

Our fundraising went wonderfully at Sleepy Hollow. We had 10+ days that we were asked to cover and were able to send two people each night to fill their open spots!

A special thanks to Master Tschampl for hosting a fun UFC Viewing where

our ISU Martial Arts clubs mingled and gave plenty of commentary on the event!

Many ISU Judo Club members have utilized nearly every extra workout available. We added 7:00 a.m. Monday through Friday workouts to our normal six practices per week. Even before the end of fall semester, our nationals team had already kicked up the training intensity and brought in new members to extra workouts. We're counting down the days until we travel to Texas A&M for the 2010 Collegiate Nationals Judo Tournament.

Finally, ISU Judo is making another trip to South Hamilton High School and Middle School to teach self-defense

and give judo demonstrations to a large number of students over the course of two school days. Congrats to Kenwood Scoggin for continuing to organize and support citizenship and self-defense awareness in central Iowa.

Thanks to everyone for another memorable and enjoyable year. I'm looking forward to a lot of good times and sweat after everyone returns from Christmas and New Year's. Safe travels to all!

Respectfully submitted,  
Nathan Meier  
judo@sibba.org

**FROM THE HAPKIDO DELEGATE**

Dear Sirs and Ma'ams,

2009 has been a great year for hapkido.

This year's SIBBA symposium was great. Having the opportunity to explore Master Son's tight grip defenses was fantastic, and the Systema classes offered by Lance Rewerts offered a deeper exploration of non-resistance.

After many months of anticipation, Master Son's family restaurant, *Canton Express*, opened this fall. Located in the Skywalk system at 501 Locust St., they offer both authentic Korean food as well as the standard Chinese fare.

It's an excellent lunch stop for downtown Des Moines.

The ISU Hapkido Club cooperated with its brothers and sisters in the judo and taekwondo clubs for a few events this year to great success. Our Destination Iowa State demo at the beginning of the fall semester drew crowds, and more importantly, new students to all our clubs. Another joint effort included a very successful Mycogen corn-picking fundraiser, whose funds will be set aside for new mats at the ISU dojang.

If there is anything you feel I can do for you as your hapkido delegate, or you

need to speak with me for any reason, please contact me at lwoodruf@iastate.edu or hapkido@sibba.org.

Additionally I can be reached at 515.203.1680. Especially contact me if you have news or accomplishments about your clubs that you wish to brag about. I'll make a note of such things and include them in future newsletters.

Please keep warm this winter,  
Respectfully Yours,  
Laurence Woodruff  
hapkido@sibba.org

**FROM THE TREASURER**

It is hard to believe that we are at the end of another year. From a financial standpoint, we have seen a turnaround in regards to our investments this year. As of the end of September, we have seen a net increase of \$3,732.85.

Our balances as the end of November are as follows:

Checking	\$3,157.57
Savings	8,208.21
Certificate of Deposit	6,365.86

The CD matured on December 22. Due to the current Interest rate available, we decided not to re-invest the money into another CD but to look at other options for investing.

I hope everyone has a safe, enriching and happy holiday season. Merry Christmas and Happy New Year.

Respectfully,  
Karen Collins  
treasurer@sibba.org





[www.sibba.org](http://www.sibba.org)

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*The SIBBA is dedicated to the improvement of martial arts and their member practitioners.*

*The SIBBA is an educational and professional organization that offers products, seminars, donations, sponsorships, and scholarships to its members throughout the year.*

## FROM THE ELECTRONIC SCOREBOARDS COMMITTEE

Dear Ma'ams and Sirs,

Thank you to everyone who helped the SIBBA provide scoreboards to many events in Iowa, allowing our members and their students to participate in taekwondo competitions and competition trainings. In 2009, the SIBBA provided scoreboards for four tournaments – the Ames P&R/Boone TKD Championship, the Iowa Governors cup, the Iowa Games, and the Iowa State University Taekwondo Championship; and two competition training events – the SIBBA Symposium and the Marshalltown Ring Time Event.

These events were supported by a tech crew which included: Ms. Holly Bignall, Mr. Ben Davis, Mr. Rex Fernando, Mr. Ed Jackson, and Dr. Mani Mina. Thank you to these generous volunteers who donated their time and talents so that our members can have Ringmaster systems at their events.

Many of you are aware that there have been some changes in the WTF sparring rules which affect scoring. These changes are going to be accommodated through judge behavior changes, not software or equipment updates. So, please attend judges trainings before upcoming tournaments to learn and practice these techniques.

Please consider supporting the SIBBA's efforts to make Ringmaster systems available by donating of your resources to the scoreboard system. There are three primary ways to do this.

- 1. Volunteer** – our committee is in need of additional techs. If you would like to be trained as a scoreboard tech and help out at a couple of tournaments per year, please contact the Scoreboard committee co-chair, Holly Bignall [hbignall@hotmail.com](mailto:hbignall@hotmail.com)
- 2. Donate equipment** – our equipment needs some updates.

We are searching for three new or used laptops (Windows 98 or later) and eight flat panel monitors (19" or larger)

- 3. Donate funds** – earmarked for scoreboard system equipment updates directly to the SIBBA. To make donations of funds or equipment, please contact the treasurer, Karen Collins at [treasurer@sibba.org](mailto:treasurer@sibba.org).

Thank you to Jason Morgan for donating a laptop in 2009.

Thanks for a great year!

Respectfully yours,  
Holly Bignall  
Scoreboard Committee, Co-chair  
[scoreboards@sibba.org](mailto:scoreboards@sibba.org)