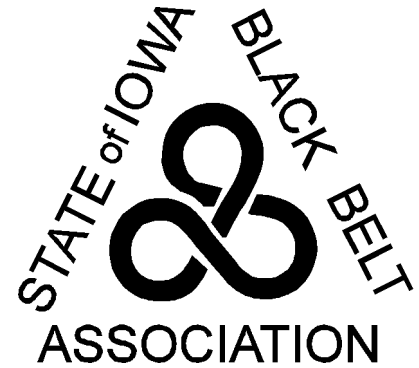


# STATE of IOWA BLACK BELT ASSOCIATION



## Newsletter

December, 1998

Vol 13, No. 4

Edited by: George Brant

### SCHEDULE of EVENTS

7	January	US Open; Los Angeles, CA
11	January	ISU classes start
23	January	Two Rivers TKD tournament; Brooks Center., Des Moines, IA
26	January	Family Martial Arts TKD & HKD testing; Ames, IA
27-31	January	NCTA meeting; Los Angeles, CA
30-31	January	NCTA USA College Team Trials; Berkeley/Chicago
2	February	Two Rivers TKD testing; Brooks Center., Des Moines, IA
19	February	Black Belt Reunion
20	February	Annual Martial Arts Banquet
26	February	Family Martial Arts TKD & HKD testing; Ames, IA
26-27	February	ISU TKD & HKD testing; Ames, IA
6	March	Kansas City TKD championships; Kansas City, MO
13	March	State of Iowa TKD championships; Ames, IA
19-20	March	UC Berkeley Open; Berkeley, CA
26	March	Family Martial Arts TKD & HKD testing; Ames, IA
26	March	USTU referee Training Seminar; Urbandale, IA
27	March	Farrel TKD championships; Des Moines, IA
6	April	Henry's TKD testing; Creston, IA
9	April	Luverne MN testing; Luverne, MN
8-10	April	Senior National Championships
15-17	April	VEISHA Celebration; Ames, IA
23-24	April	ISU TKD & HKD testing; Ames, IA
30	April	Family Martial Arts TKD & HKD testing; Ames, IA
30 April	2 May	Voorhees TKD Leadership Seminar; Brooks Center, Des Moines, IA

### 24<sup>th</sup> Annual Iowa State University Martial Arts Awards Banquet

The 24th Annual Iowa State University Martial Arts Awards Banquet will be held Saturday, February 20th, 1999 in the Sun Room and Great Hall of the Memorial Union. The evening will begin with a social hour at 5:00 p.m. followed by a buffet-style meal at 6:00 p.m.

The awards program will begin at 7:00 p.m. A dance will follow the awards presentation. The cost per person will be:

10 and over:	\$13.00
4 to 10:	\$ 7.00
3 and under:	FREE

Reservations must be received by **Thursday February 4, 1999**. Reservations received after February 1, 1998 will have an

additional charge of \$2.00 added to each individual dinner reservation (including kids).

Please complete the reservation form and mail or fax it to the address shown on the reservation form (the last page of this newsletter).

The deadline for canceling reservations is **Thursday February 11th, 1999**. There will be no refunds after February 11, 1999.

## BLACK BELT REUNION

Dear SIBBA Member:

You are cordially invited to attend the Black Belt Reunion at 6 p.m. on Friday, February 19. It will be held at the Steak Center 101, 2nd St. SE in State Center, Iowa.

We hope that you and your spouse or friend may join us for some good times, good friends and good food. You will have a choice of

a steak (huge rib eye, fillet, sirloin, T-bone) and the all-you-can-eat salad bar, baked potato and Texas toast.. You can of course order from the menu. The social hour is from 6-7 p.m. Please try to be there no later than 6:30 p.m. The Reunion Banquet starts at 7 and will be followed by a general SIBBA meeting and election of SIBBA board members.

## USTU REFEREE CERTIFICATION SEMINAR

Master Barbara Wakefield, WTF International Referee, from Cresco, Iowa, will conduct a USTU Referee Certification Seminar at Farrell's U.S. Martial Arts, 2607 Douglas Avenue, Des Moines, IA 50310, (515) 255-0095, Friday, March 26, 1999, from 4 p.m. to 11 p.m., for all Kukkiwon registered adult Black Belts.

The seminar reviews all aspects regarding refereeing, including rules, hand signals, and written examination. The certification is completed after your participation as a referee at Farrell's TaeKwonDo Championships on the following day, Saturday, March 27, 1999. Only those who attend both days will receive certification or an up-grade in current status. The cost of the seminar is \$ 45.00, which includes textbook. Please bring two (2) I.D. photos. Photocopies of your Kukkiwon certificate and most recent Referee or Participation certificate is also helpful addition to your application.

Those who are 1 Dan Recommend or who are in the process of applying for their Kukkiwon may take the seminar and receive a non-classified status. Once your Kukkiwon certificate is received, you may be reclassified as a D-3 (entry level referee) for an additional fee of \$ 20.00.

Please call Beth Sermet if you have any questions or need additional information at (515) 232-2599. Video tapes of the USTU Referee signals will also be available for \$ 15 at the seminar.

**We must have 40 participants in order to hold this seminar.  
Call Beth Sermet by March 1 to confirm your attendance.**

## SIBBA NOMINATIONS

Secretary (3 year term): Cindy Sodahl & Irene Faass  
TKD Representative: J. D. Palasek & Craig Rueter  
HKD Representative: Amanda Clark, Scott Williams & Craig Drotzman  
Judo Representative: none  
At-Large Representative: Mike Wickham & Kyle Lacina

If you have additional nominations please make them by 12 February, 1999.

### Report from the HKD Delegate

News from the East

Well it's been a pretty good year for the Iowa Martial Arts club in Iowa City. Attendance is on the rise and we have a great bunch of new orange belts ready to do there best. In June we saw the wedding of two members Dr. Brian

Hayes and Beth Cody. They are both living in Cedar Rapids.

In Oct. IMA teamed up with the ISU HapKiDo demo team and headed to Midtown, Ohio. On the first night we put on a self defense clinic for Master Bob Perrys' TaeKwonDo Club. Then the next day we performed two shows one for Master Perrys' TaeKwonDo Tournament and one for the Midfest celebration. The Midfest celebration was a Korean theme. We got to try some different food and some of us saw a great Korean sword demonstration. Despite poor weather and conditions out of our control everyone from both clubs had a great time.

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Hopefully we can plan more outings like this in the future.

The only down note to the whole year is the news of Master Mike Drahos taking a job in Rochester, Minn. He will still be around for testings and special events. But unfortunately he will no longer be able to teach in Iowa City. He has handed Club operations over to 3rd Degree Dr. Brian Hayes. We will all miss you very much Mr. Drahos.

Let's all have a great year in 1999.  
HKD Delegate - Scott Williams

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### **SIBBA Board Meeting 7 November 1998**

The meeting of the State of Iowa Black Belt Assoc. Cabinet was called to order at the Family Martial Arts Center, Ames, Iowa, at 5:15 p.m. On November 7, 1998. Officers and delegates present were Jennifer Emery, Irene Faass, Mike Wickham, Jonathan Smith, Scott Williams, Beth Sermet.

The minutes of the last meeting were approved as published. The Treasurer reported \$ 852.88 in checking, \$ 3,106.75 in savings, \$ 2,199.94 in the Jared Ringstad Scholarship fund and \$ 13,924.55 (as of 9/30/98) in investments.

Old Business:

HapKiDo Delegate Scott Williams reported to the cabinet about the trip to the Midfest in Middletown, Ohio, for a HapKiDo demonstration. A group of fifteen traveled from Iowa for the event. The \$500 donation by the SIBBA was used for hotel and meals. The HapKiDo club is planning to have a video of their demo available to SIBBA members in the near future.

Irene Faass reported that Master Mike Drahos has notified her about new TKD Poomse Judging Cards with tenths of points are being made for his tournament October 14, 1998. The price he quoted is very reasonable. Cards for six seven rings will be made. The SIBBA has allocated \$ 500 for the project and the estimate is nearer to \$350.

The SIBBA Fall Symposium drew 35 participants with Cardio Karate and weapons being the most popular activities. It was suggested that future seminar leaders have

hand-outs of the material covered. It was also suggested that future seminars be divided by skill level, giving participants a chance to build their knowledge and skills from one symposium to the next. The possibility of some type of level of achievement recognition or certification was also discussed. The poster advertising the Symposium was a good idea, but it needs to have some information added to make it clearer.

New Business:

TKD Delegate Irene Faass was instructed by President Jennifer Emery to notify Secretary George Brant to mail the SIBBA Academic and Leadership Scholarship Application forms to all dojangs and soon as possible.

Nominations for Secretary and all delegates are open. Delegates are instructed to ask for nominations from their constituents so that the names of the nominees can be published in the December (year-end) newsletter. A short meeting between TaeKwonDo and HapKiDo testings on December 5, 1998, to collect the nominations.

The treasurer will submit a 1999 Budget for publication in the December 1998 SIBBA Newsletter.

The meeting was adjourned at 6:10 p.m. by President Jennifer Emery.

Respectfully submitted,  
Beth E. Sermet, Acting Secretary

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### **SIBBA General Meeting 5 December 1998**

The meeting was called to order at 1:50 p.m. by President Jennifer Emery. Cabinet members present were Mike Wickham, Irene Faass and Jennifer Emery. Absent were Beth Sermet, George Brant, Scott Williams, and Jonathan Smith. As this was a general meeting, there were a large number of SIBBA members in attendance.

President Jennifer Emery read the minutes from the last meeting and the treasurers report. Treasurer's Report: Checking \$996.60, Savings \$3,106.75, J. Ringstad Scholarship \$2,199.94, American Funds Investments \$13, 924.55 (9/30/98)

Irene Faass (TKD) reported that for the year the TaeKwonDo family has been lucky to have national representation at international tournaments and has finally gotten scoring cards that represent USTU standards.

Mike Wickham (At-Large) reported that the SIBBA Symposiums this year have been very successful and something that we hope to continue next year as a way to promote relations between all the martial arts represented by SIBBA.

There was no old business so we went on to New Business: Nominations for SIBBA cabinet positions. Ms. Emery will be sure to contact all people who have been nominated before putting their names on the ballot. Also, we must be sure that people understand that nominations are open until the election during black belt reunion.

Nominations are as follows

Secretary (3 year term): Cindy Sodahl & Irene Faass; TKD Representative: J. D. Palasek & Craig Rueter; HKD Representative: Amanda Clark & Scott Williams; Judo Representative: none; At-Large Representative: Mike Wickham & Kyle Lacina  
Larry Voorhees moved that nominations cease. The motion was seconded by J. D. Palasek. Motion carried.

Mike Szymszyk was supposed to speak but was not present.

Larry Voorhees spoke about the 2 Rivers Invitational TaeKwonDo Tournament to be held Saturday, January 23rd, 1999. He encouraged all instructors to bring students who had not participated in many tournaments to give them a "learning experience" before the Spring Tournament Season. This is also a good opportunity for "green" referees to get experience refereeing before the season starts. He also encouraged people to think about attending his Leadership Seminar, to be held  
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April 30, May 1-2 of next year. This seminar is for blue and above belts and involves three days of "eating, sleeping and breathing TaeKwonDo." Many previous attendees of this seminar spoke of its benefits.

Mike Drahos spoke about his own tournament. He thanked everyone for making it successful and spoke about the new forms scoring cards. Now that we're up to USTU standards with scoring cards, we need to invest in new, bigger calculators to avoid problems that might be caused by hasty addition of numbers with 10ths of a point rather than 25ths.

There was much discussion about the tournament and refereeing in general. Jennifer Emery pointed out that there were a lot of new referees at the tournament and she was glad that people were gaining experience. Mike Drahos said that despite the green referees, there were virtually no complaints. Anne Chase made a point that although some new referees may be intimidated by being center referee, they needed to see the experience as an expectation of their rank and the upper rank (heads of court) need to go ahead and put them in as center referee so that they can get the experience.

Jim Shaw asked all tournament hosts to provide him with a list of referees at each tournament so that he can correlate it on computer with his list of black belts awarded in the Pak family. This way we can have a picture of how black belts are fulfilling the responsibilities of their rank.

Mike Drahos mentioned that Master Pak should be commended for his encouragement of kids, not only at testings but at tournaments. However, local instructors should remember their responsibility to referee rather than staying out of refereeing to watch their students. He recommends that only if an instructor has brought some black belts to take her/his place for refereeing, can s/he take a break and watch her/his students in competition rather than referee. It was also suggested that all local instructors should support local tournaments and there should be a representative of every local club at every local tournament.

There was more discussion about the referee seminars with the sentiment being that people should attend the upcoming referee seminars (with Master Farrell's tournament) so that the state of Iowa can have more qualified referees and to improve our local tournaments.

Master Pak spoke about refereeing, kukkiwon certification and attendance at tournaments and testing. He encourages

(strongly) all instructors to attend all tournaments and testing whether their students are participating or not. He also spoke about the upcoming banquet, coaching, and the uniqueness of our Pak family. Because we (the SIBBA and the Pak family) have been so successful, other clubs and schools have asked Master Pak if they can come and observe us.

Master Park from Berkeley has asked to visit during banquet.

Irene Faass moved that the meeting be adjourned. Craig Rueter seconded the motion. Motion carried.

Meeting adjourned at 2:47 p.m.

Irene Faass, Acting Secretary

### The Bottom Line by Beth E. Sermet, Treas.

I hope all of our members can say that they have sent in their 1999 memberships BEFORE the Black Belt Reunion (February 20<sup>th</sup>) this year. The recognition for being the first to renew goes to Sue Erikson. Others include Chuck Henry, Joy Spargur, Dan Fulton and Doug Frazer. Use the enclosed envelope to pay your dues **TODAY**. It makes my life so much easier! If your renewal is already in the mail, that's great!

Membership dues are as follows:

**Adult** - \$ 30

**Student** (age 17 through College) - \$15

**Junior** (until age 16) - \$ 15

**Alumni** (not active with Pak Org. club) - \$15

**Family** - \$60

**Affiliate** (non-Black Belt) - \$ 15

**Lifetime: Individual** \$ 300 or **Family** \$ 600 (installment pay plan available)

If you have any questions, please call me at (515)232-2599, e-mail me at [SERMETSBA@AOL.com](mailto:SERMETSBA@AOL.com) or drop me a note.

**NOTE:** the dues are for one year (January through December) and not to be pro-rated for ½ or ¼ of the year.

We have 233 current members with 76 adults, 30 students, 16 junior, 6 families, 13 Alumni, 50 Associate, and 18 Lifetime individuals and families.

The actual income and expenses for the year compared to the 1997 Budget is as follows:

1998	Budgeted	Actual	1998	Budgeted	Actual
<b>Income:</b>			<b>Expenses:</b>		
Dues	\$ 2,700	\$ 4,063	New Member	\$ 380	\$ 370
ducation	1,700	858	Newsletter	500	740
Tourney	500	900	Mailings	50	109
Scholarships	150	150	Scholarships	1,750	950
Ties	800	903	Donations	500	1,200
Inv/int	500	90	Ties	960	1,200
Donations	60	230	Office	65	53
	\$ 6,460	\$ 7,194	Phone	50	0
			Seminar	250	51
			Videos	1,170	335
			Banquet	400	419
			Promotion	70	300
			Contingency	315	1,099
				\$ 6,460	\$ 7,194

Balances in all accounts are: Checking, \$ 500.00, Savings, \$ 3,763.33, American Funds, \$ 16,101.80, Jared Ringstad Scholarship Fund, \$ 2,381.19 and CD, \$ 5,000 as of 12/31/97.

# STATE OF IOWA BLACK BELT ASSOCIATION 1999 BUDGET

January 1<sup>st</sup> - December 31, 1999

**Income:**

Dues	\$ 4,000
Educational	800
Tourney	500
Scholarships	150
Ties	900
Inv/int	100
Donations	100
	\$ 6,550

**Expenses:**

New Member	\$ 380
Newsletter	740
Mailings	100
Scholarships	1,750
Donations	500
Ties	1,200
Office	65
Phone	50
Seminar	150
Videos	1,170
Banquet	400
Promotion	30
Contingency	15
	\$ 6,550

### SIBBA CABINET 1998

President	Jennifer Emery	117 Hazel; Story City, IA 50248 <a href="mailto:jennifuzz@usa.net">jennifuzz@usa.net</a>
Secretary	George Brant	119 Kildee Hall; ISU; Ames, IA 50011 <a href="mailto:george@iastate.edu">george@iastate.edu</a>
Treasurer	Beth Sermet	1401 Summit Ave; Ames, IA 50010 <a href="mailto:sermetsb@aol.com">sermetsb@aol.com</a>
TKD Delegate	Irene Faass	160 W Ave; Story City, IA 50248 <a href="mailto:rainy@iastate.edu">rainy@iastate.edu</a>
Judo Delegate	Jonathan Smith	496 Carver, ISU; Ames, IA 50011 <a href="mailto:jdsmith@pollux.math.iastate.edu">jdsmith@pollux.math.iastate.edu</a>
HKD Delegate	Scott Williams	9058 S Avenue; Columbus Junction, IA 52738 <a href="mailto:waynewilliamsusa@netscape.net">waynewilliamsusa@netscape.net</a>
At-Large Del.	Mike Wickham	2605 Reyclif Drive; Marshalltown, IA 50158 <a href="mailto:vwickham@mercydesmoines.org">vwickham@mercydesmoines.org</a>

**ATTENTION OLD MEMBERS:** New LOGO name tags - \$5.00 (checks only) available through Beth Sermet; 1401 Summit Ave.; Ames, IA 50010; 515-232-2599.

Membership card holders are also available at no additional charge.

Ties \$24.00. TKD terminology tape is available for \$5.00 plus \$0.50 postage and handling.  
WTF TAEKWONDO POOMSE VIDEO - \$ 20.00 sug. retail (Instructors inquire about quantity discounts)  
TKD REFEREE VIDEO - \$15.00 + \$2.00 postage.

Anyone who has contributions to the newsletter such as articles or tournament results should contact George Brant, PO 1846, Ames, IA 50011; ph (515)294-5849; e-mail: [george@iastate.edu](mailto:george@iastate.edu); FAX (515)294-0018.

Any part of this newsletter may be reproduced as needed.

**1998 ISU MARTIAL ARTS BANQUET RESERVATION FORM**

Name(s): \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email address (if available): \_\_\_\_\_

Number attending @ \$13.00/person \_\_\_\_\_ = \$ \_\_\_\_\_

Number attending @ \$ 7.00/person \_\_\_\_\_ = \$ \_\_\_\_\_

Number attending FREE \_\_\_\_\_

Total attending: \_\_\_\_\_ = \$ \_\_\_\_\_

\_\_\_\_\_

Make checks payable to ISU Karate Club and mail to:  
ISU MARTIAL ARTS BANQUET  
c/o Master Pak  
214A Beyer Hall  
Ames, Iowa 50011

Or fax this form to Master Pak at 515/294-5966  
Please remember that this form must be RECEIVED by February 4, 1999. Thank you!