



STATE OF IOWA BLACK BELT ASSOCIATION

JUNE 2006

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STATE OF IOWA BLACK BELT ASSOCIATION PRESIDENT'S ANNUAL REPORT

A LITTLE BIT OF HISTORY

Master Yong Chin Pak began his Iowa State University (ISU) career of teaching Judo, Hapkido and Taekwondo in 1973. Since that time, he has received many honors and awards – locally, nationally and internationally. His vision of creating Pak – family martial arts programs began early, along with a vision to provide an organization for all black belts to continue their training and education, provide for instructor training and certification and to provide services for black belts and others in the martial arts who were interested in pursuing their art, whether it be for fitness, teaching, competition or recreation.

I was fortunate to have started Hapkido in 1984 – long after Master Pak had established himself at ISU. I remember (and still have) many of the newsletters from 1985 and on, where all three clubs at ISU contributed articles and information. There were articles from all of the cabinet members of each club and also upcoming events and information on alumni and special events (weddings, people on the move, etc.).

From the three clubs at ISU, Master Pak encouraged the black belts to form an organization which educated, trained and provided services to individuals who

attained their black belts and who aspired to become a black belt. The first references to the "ISU Black Belt Association" that I found were in 1985-86, although I know there were beginnings of this organization slowly coming out as there were Black Belt Reunions before then.

In 1988, I was elected secretary for the "Black Belt Association." I believe the first conference titled "Multi-Martial Arts Conference" sponsored by the Black Belt Association was planned for February 16 - February 18, 1989, in conjunction with the 14th Martial Arts Banquet on Saturday, February 18th. The topics included CPR, Sports Injury Management, a written test (with a possible oral test) which covered material in Master Pak's Taekwondo book, basic self-defense, falling, throwing techniques, specific needs of instructors and fun time (board breaking, etc.).

The name ISU Black Belt Association was changed to Iowa State Black Belt Association (ISBBA) around 1990. A scholarship program was put into place that year, with three scholarships awarded (\$300, \$200, and \$100). In 1992, we had almost \$10,000. Newsletters included a list of ISBBA members, special events, informative

Continued on next page

SIBBA CABINET

- Master Kathy Gundlach
President
- Ana Reyes de Oropeza
Treasurer
- Master Linda Griffen
Secretary
- Kenwood Scoggin
Judo Delegate
- Dr. Master Gina McAndrews
Hapkido Delegate
- Dr. Terry Fernando
Taekwondo Delegate
- Michelle Johnson
At-Large Delegate
- Teresa Bruns
Membership Coordinator
- Master Larry Voorhees
Instructor Certification & Continuing Education
- Gori S. Devrajani & Holly Bignall
Webmasters
- Ed Jackson
Scoreboard Coordinator

PRESIDENT'S REPORT (CONTINUED)

articles, people who received their black belts, addresses of alumni and black belt association members, etc.

In the spring of 1993, the name was changed from Iowa State Black Belt Association (ISBBA) to State of Iowa Black Belt Association (SIBBA). Since then, the SIBBA has grown and continues to grow with the support of its members and people dedicated to promoting martial arts in the State of Iowa. On behalf of the SIBBA Cabinet, thank you all for your continued support and help.

Even though there were seminars, workshops and workouts sponsored by the Black Belt Association in the past, the first SIBBA Symposium was in 2000. I believe we have had some type of event almost every year since then.

Below is a chronological listing of presidents/leaders for ISU Black Belt Association/Iowa State Black Belt Association/State of Iowa Black Belt Association: (I apologize for any discrepancies in dates as I've had to "guesstimate" on some – so please forgive me.)

1986

Master Jan Kramer

1987 – 1990

Master Tony Marlow

1990 – 1992

Master Lance Farrell

1992 – 1994

Master Mike Drahos

1994 – 1998

Master Anne Chase

1998 – 2000

Master Jennifer Emery/McLaughlin

2000 – 2002

Master J.D. Palasek

2002 – 2004

Master Larry Voorhees

CONGRATULATIONS

Congratulations to Ana Maria Reyes de Oropeza on achieving her Master of Business Administration with an emphasis in Finance from Drake University on May 14, 2006!!! She is serving, can you guess???? She is our newly elected SIBBA Treasurer and we are very fortunate to have her.

Congratulations to all those who have graduated, made significant accomplishments in your lives and/or who have been keeping up with all that you have to do and still have time to practice, workout and help other martial artists!!!

2006 SIBBA SYMPOSIUM

Please mark Saturday, November 11, 2006 on your calendars. The 2006 SIBBA Symposium will be held at Beyer Hall on that date. We are looking forward to providing a fun, hands-on, informative event!

Respectfully submitted,
Kathy Gundlach, SIBBA President
president@sibba.org

REPORT FROM THE HAPKIDO DELEGATE

Greetings from your SIBBA Hapkido delegate!

I hope you are all enjoying the warmer weather. The Iowa State Hapkido group gave an exciting and active Hapkido and self-defense demonstration at the Iowa State University VEISHEA celebration in April, and at the Iowa Special Olympics that were held in Ames on Friday, May 19. Both demonstrations were well received

The ISU club is planning on giving demonstrations at the 4th Governor's Cup Taekwondo Championships in Ames on June 10 and at the Iowa Games in July. If other Hapkido folks would like to join in on the demonstration, please come and join in at the event!!

If you know of a group who would like to have a Hapkido demonstration, self-defense seminar or some Hapkido training (specifically tailored to non Hapkido practitioners), please contact me and we will try to accommodate them.

Also, if you have news, questions or comments, you can contact me via e-mail at: hapkido@sibba.org, or by telephone at: 515.294.7832. I look forward to hearing from you.

Respectfully,
Gina McAndrews
hapkido@sibba.org

REPORT FROM THE MEMBERSHIP DIRECTOR

Hello Fellow Martial Artists,

Spring is finally here – or at least Spring weather!

Jumping right into the numbers' end... since our previous newsletter, we have had six new members and twelve renewals, bringing our total membership up to 187. If you have submitted an SIBBA application and have not received a membership card, please contact me at membership@sibba.org.

The clubs with new members are Gateway Taekwondo, Luverne Taekwondo, University of Iowa Hapkido, Webster City Taekwondo and Ames Parks & Rec.

Thank you to all members and instructors for your continued support of this organization. Your memberships help us maintain the scoreboards which are necessary to operate a tournament smoothly. We also provide scholarships to several martial art college students each year. We offer products for you to purchase – SIBBA ties, Poomse DVD's, name tags, and other items. We organize and conduct the SIBBA Symposium each year (which is November 11th this year.) Without you, the above items would be very difficult to accomplish. If you have questions or concerns, please visit with one of

the members of the cabinet. We welcome new ideas and encourage comments on improving the State of Iowa Black Belts Association.

As always, if you have a new e-mail address or snail mail address, please let me know. We do not want you to fall out of the loop due to outdated contact information.

Get outside and enjoy the day!

Respectfully,
Teresa L Bruns
Algona Taekwondo
membership@sibba.org

REPORT FROM THE AT-LARGE DELEGATE

Hello Sirs and Ma'ams,

It has been a busy spring...

In early April, I had a great experience as an official at the USA Taek-

wondo National Qualifier #1 in Rochester, MN. Although it was my first experience as an official at a national tournament, I saw many familiar faces as several competitors and one quarter of all officials were from Pak-family clubs! I encourage everyone to participate in a national tournament if the opportunity arises.

Martial arts events would not be possible without competitors, officials, and volunteers. Please keep this in mind as we are in the middle of the tournament season. Local tournaments are excellent opportunities to practice your skills in preparation for national competitions. Remember to check with your local delegates for upcoming

events in your respective martial arts. I especially encourage Judo and Taekwondo members to participate in the Iowa Games in July. The Iowa Games is a very established and affordable event, and this year celebrates the 20th anniversary of the summer sports festival.

If you have any questions, please send me an e-mail.

Respectfully,
Michelle Johnson
atlarge@sibba.org



Dawn Sassatelli and Michelle Johnson were among nine Pak-family officials at the National Qualifier #1 in Rochester, MN.

TREASURER'S REPORT

The Significance of Branding

Greeting from the treasurer's office, I would like to share with you a story that happened to me which reminds me of the importance of branding.

Last year, while visiting the State Capitol, in Des Moines, Iowa, I spotted a beautiful building just across the street – The Iowa State Historical, Memorial and Art Building, which houses the State Library of Iowa. Out of curiosity, I crossed the street to see what was inside. The building was beautiful inside as well; the people were friendly, but all I remember is the entrance of one of the rooms, where standing by the door a skeleton seemed to be welcoming visitors inside. With a closer look, I noticed that the skeleton was completely out of place – just standing there with no name, not a single sign, no nothing – just a bunch of bones, real bones. I asked the lady behind the desk if there was a reason for the skeleton to be there, and she said “I really do not know, it has been there since I started working here,” so I asked her, “How long have you been working here?” she responded “I have been here almost 40 years,” “And, do you know who it was?” I prompted, “No, I do not know. I am sorry” she responded.

How can somebody be working all these years by a skeleton and not even wonder who it was?” I thought in big surprise.

My sister, who is a Doctor in Pediatrics and Neonatology, took a closer look at the skeleton and said that it was a lady who died

young, maybe at the age of 15 or 16, and apparently suffered malnutrition, and that the cut on the skull indicated an autopsy. That was all she could tell in her three-minute examination. Who was this woman, and how she got there was not even history; and, given that I do not know, I will name her Bony. History vanished, the important events were not recorded or if recorded, the records were buried somewhere and are not easily available; furthermore, what is worse, nobody seemed to care about it at The Iowa State Historical, Memorial and Art Building.

My story of Bony illustrates one of the challenges that the SIBBA is facing – branding. Brand is defined as the symbolic embodiment of all the information connected with an organization, product, or service. As I mentioned on the March 2006 News Letter, “I would like to focus on branding and enhancing our operational standards.” So, I am happy to share with you a piece of our brand, a brief history of the SIBBA. This will help to answer who we are and how it all started.

May 23, 1988 – The SIBBA was incorporated as the Iowa State Black Belt Association (ISBBA), a non-profit organized exclusively for charitable purposes under section 501(c)(3) of the Internal Revenue code of 1954 with the mission of developing interest and participation throughout Iowa and the Midwest in the arts of Judo, Hapkido, and Taekwondo under the direction of Grand Master Yong Chin Pak.

May 27, 1988 – The ISBBA was issued a certificate of incorporation by the Iowa Secretary of State, which authorized the ISBBA to transact as a corporation from the date it was issued to perpetuity.

May 1993 – The ISBBA changed its name to the State of Iowa Black Belt Association (SIBBA).

March 7, 1994 – Name amendment was filed with the State of Iowa Secretary of State, becoming officially the SIBBA.

Since its inception, the mission of our organization has remained unchanged. The SIBBA continues to operate as a charitable organization under section 501(c)(3), under the exception to application requirements provided by the IRS for organization with gross receipts that do not exceed the \$5,000 threshold.

This information, as simple as it looks, it is of extreme importance to move forward, to reach sponsors, and for compliance purposes. My objective is to build our future on the foundation of our past, so we need our history for successful branding, and I want to take this opportunity to invite you to share your SIBBA memories with me. If you are interested in supporting this effort or should have questions or concerns, please feel free to contact me at treasurer@sibba.org.

Respectfully Submitted,
Ana M. Reyes de Oropeza
treasurer@sibba.org

REPORT FROM THE INSTRUCTOR CERTIFICATION AND CONTINUING EDUCATION CHAIRPERSON

Greetings, sirs and ma'ams:

There have been a great number of people that have applied for, and received varying levels of Instructor Certification since the program began in mid-February. In addition, many have been requesting and receiving Continuing Education Units (CEUs) for attending various activities, workshops and seminars, intent on accumulating the necessary number of credits to re-certify or advance their level for next year.

If you have not done so already, I would encourage you all to submit a request for the appropriate Instructor Certification level for 2006. Requests received prior to November of 2006, do not incur a registration charge. Also, you will want to be

aware of how many CEUs and in what particular areas, you need to earn for recertification/advancement in 2007. If you have not received a copy of the Instructor Certification information packet, please go to the SIBBA website, or contact me personally (certification@sibba.org), and I will e-mail a copy to you.

There are several opportunities in the coming months for people to earn CEU credits. There are several tournaments, local testings, black belt testings, Leadership Seminar, and the Annual SIBBA Symposium.

Many have asked the question, "How do I know how many CEUs a particular event is worth?". Testings and tournaments are worth one credit each. Seminars,

workshops and classes are generally worth one credit for every four hours of contact time. For those workshops and classes where a written and/or practical exam is given, achieving a passing score is also required in order to earn the credit(s).

If you have any questions about the program, or if you are planning on hosting or attending an event and wish to have credits issued, please contact me. As always, any suggestions to enhance the program are greatly appreciated.

Sincerely,
Larry Voorhees
certification@sibba.org

REPORT FROM THE TAEKWONDO DELEGATE

Hello Sirs and Ma'ams,

Time is flying and much is going on in the local Taekwondo world! In March, Ames Parks and Rec Taekwondo and Red Dragon Taekwondo from Boone held a mini tournament. All the feedback I have heard about this tournament has been positive. Parents appreciated the less intense atmosphere (and lower cost).

April has been a full month. We've had another testing: the hard work of all participants, students and conductors was obvious and inspiring. Congratulations to our new Junior Master, Jeneane Beck. In addition, local students have successfully participated in the regional tournament in Rochester, MN. At this

event, three students from Red Dragon Taekwondo qualified to compete at the Junior Olympics this summer in Georgia. Finally, ISU Taekwondo along with Hapkido and Judo entertained crowds at VEISHEA. In spite of really hot mats, they did a great job.

Some SIBBA happenings will directly affect Taekwondo practitioners: Due to Mr. Devrajani's and Ms. Bignall's hard work, the SIBBA website is rapidly changing. As you probably have noticed while finding the newsletter, the homepage now includes a convenient schedule of upcoming events. More changes are in store, so keep visiting the SIBBA website. Also, thanks to Mr. Jackson's efforts, SIBBA is in

the process of purchasing a new scoring system that will bring it into alignment with new scoring rules. Finally, the Symposium date is set for November 11, so mark your calendars!

I would like to hear about what is going on in clubs outside of the Ames area, and I'm sure those who read the SIBBA newsletter would, too. So if anyone has news, upcoming events, or photos they would like me to include in future TKD delegate reports please feel free to e-mail me at taekwondo@sibba.org.

Respectfully submitted,
Terry Fernando
taekwondo@sibba.org



WWW.SIBBA.ORG

The S.I.B.B.A. is dedicated to the improvement of martial arts and their member practitioners. The S.I.B.B.A. is an educational and professional organization that offers products, seminars, donations, sponsorships, and scholarships to its members throughout the year.

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CONTINUING SUPPORT

Yes, I would like to help the SIBBA with my tax-deductible donation.

My donation of \$25 \$40 \$50 \$_____ is enclosed.

Please put my donation toward:

- ____ SIBBA Scholarships (please specify, if you wish: Academic, Leadership, Jared Ringstad, Junior Olympic)
- ____ SIBBA Scoreboard Maintenance
- ____ SIBBA Symposium
- ____ SIBBA Educational Materials (videos, DVDs, newsletters, etc.)
- ____ SIBBA Website
- ____ Other (please list) _____

On behalf of the State of Iowa Black Belt Association, thank you!

Please send your donation to:

Ms. Ana M. Reyes de Oropeza
3718 Eisenhower Avenue
Ames, IA 50010